



I-GARBE

Programme



FAC. I

Department of Architecture



University Lecture on Civility
Making A Thatched Cottage Amongst the Throng of Men
Photos Courtesy of Joseph M. Chan



Having tackled exams after exams, you're finally here - at the door of the university, with a brand new student ID card in hand, ready to take that one step forward. Perhaps you're wondering: just what lies beyond the door?

Some say there are five things that you must do in college: studying, becoming a committee member of a student association, experiencing hall life, taking up a part-time job and dating. There are also cheap meals, uniforms for PE class, school buses, a hill, and a yet-to-be-landfilled harbour. Post orientation camps, you'll know all about 'Four Seven', 'Dem Beat' and countless so-called 'traditions'.

In the vibrant hill town of CUHK, possibilities abound.

Yet, we'd like to give you one more option to enrich your college life. As all the exciting orientation events come to an end, you may find yourself faced with confusion, struggles and even conflicts when it comes to your studies, life and society. So here, we want to plan your next four years in advance with you.

What should be on your plan to enrich your university life? Connecting with society.

At CUHK, the I-CARE Programme is committed to promote social and civic engagement and personal growth in students. Through various cultural and social activities, students are given chances to think about life and serve the communities. Aside from the I-CARE Programme, CUHK also offers an array of social and civic engagement projects organised by colleges, administrative and service departments, academic units, as well as student associations. We wish to introduce you to these possibilities of connecting with society, and hope that you'll choose one of them to make it your sixth 'must-do' in college.

We encourage social and civic engagement because we are members of our society. In 2015's Hong Kong, ignorance is no longer bliss. But isn't what perplexes us exactly what perplexes our community? Hence, to understand society is in fact to understand ourselves. To contribute to society, then, is to actively engage ourselves in creating the future.

We hope CUHK will be your starting point for such engagement.

Do take a step forward.

Nobel Peace Prize Winner to Visit University Lecture on Civility

Date // October 14, 2015 (Wednesday)

Time // 5:30PM

Venue // Sir Run Run Shaw Hall

Enquiry number // 3943 9957

This year, we have invited Nobel Peace Prize winner, Muhammad Yunus, to share his experience and insights at the University Lecture on Civility.

Born in Bangladesh, one of the 50 least developed countries in the world, Yunus has devoted more than 30 years of his life to serving the rural poor through microcredit. He believes having personal financial autonomy is key to improving one's life, but traditional banks are always unwilling to offer loans to the impoverished, simply because they do not have a guarantee. With the vision that the financial systems could and should also serve those with economic disadvantages, Yunus founded the Grameen Bank ('Village Bank' in Bengali) to help the financially disadvantaged exclusively.

Currently the world's largest microfinance organisation, not only does Grameen concern itself with the rights of the underprivileged, it also assumes an active role in improving issues such as women's status in society, child education, medical and social welfare, as well as rural sanitation. In 2006, Yunus and Grameen Bank were both awarded the Nobel Peace Prize in recognition of their efforts in creating "economic and social development from below".

Banker to the Poor

Born in 1940 to a wealthy family in Chittagong, Bangladesh, Yunus is an accomplished scholar in the field of Economics: after he finished his Bachelor's and Master's studies at the Dhaka University, he received a scholarship to study in the United States, where he obtained his PhD in Economics from the Vanderbilt University. Upon returning to Bangladesh, he joined the Chittagong University as head of the Economics department in 1972. Two years later, however, a huge famine broke out in Bangladesh - he realised that while he was teaching economic theories in the comfort of the ivory tower, starvation was happening to millions in the country. Determined to help the poor, he began visiting the village of Jobra near the Chittagong University.

In Jobra, Yunus came across a mother of three children, who struggled to feed her family with the little money she earned from making bamboo stools. Without a credit guarantee, her only option was to take usurious loans in order to purchase bamboo. Under the pressure of usury, getting out of poverty was a far-fetched dream to her and her family, even though she was already working day and night.



After meeting this lady, Yunus began his investigation in Jobra, and was surprised to discover that while there were 42 villagers who were taking usurious loans, altogether they had barely borrowed USD27. It was then that he realised, all it took was USD27 to improve the lives of 42 families! With this realisation he began his quest in persuading banks to lend money to the poor, but to no avail; all the banks had turned down his suggestion due to perceived high risk of default.

But Yunus was not about to give up; he opted for the second best option at the time: borrowing money from the bank himself, and then lending it to the poor.

The result was astonishing to him - every single person had returned the money on time. Presenting this result to traditional banks, he tried - and once again, failed - to persuade them to offer microcredit loans to the financially disadvantaged. Eventually, he decided to create a new bank on his own, one that would serve the rural poor exclusively. In 1983, the Grameen Bank was founded ('Grameen' means villages in Bengali).

Grameen Bank is not just another lending institution; it has its own unique operating model. For instance, it offers loans to those living below the poverty line, but in particular women. But why, you may ask? Yunus believes that women tend to be more family-oriented, so if a woman is given money, she will find ways to improve the whole family's living conditions.

Here is another example of Grameen's unique model: every loan taker is required to form a solidarity group of five people, who must not be related closely. The group has to meet the bank on a regular basis. A solidarity group allows members to act as co-guarantors of repayment, and the regular meetings help them broaden their social network.

Each client must also follow the Sixteen Decisions, which include a set of values such as providing education to children, keeping children and the environment clean, and not practicing child marriage. Yunus had once said, "If it's just about lending and collecting loans, then anyone can run a lending business. But what if it isn't simply about money? We need unity, friendship, understanding and collaboration, and to care more about things that are beyond money, such as hygiene, health and child education - these issues are not solved simply by money lending."

Indeed, aside from running the credit business, Yunus has also started a range of charity projects in Bangladesh. He founded Grameen Telecom, allowing over 400,000

women to enjoy mobile phone service; by providing energy generated from solar panel electricity systems, he helped solve the problem of electricity for nearly 70 percent of families in Bangladesh; and most recently, he has partnered with Danone to offer nutritious, low-priced baby food to the underprivileged. Next, he is looking to develop low-cost eye protection and online video doctor consultation projects at rural hospitals, which will allow for face-to-face communications between villagers and doctors from the city.

From the experiment in the village of Jobra to being honoured with the Nobel Peace Prize in 2006, Grameen Bank has offered loans to almost seven million people from 73,000 Bangladeshi villages. Today, it is one of the country's biggest commercial bank. By January 2015, it had loaned USD16.5 billion to its clients, of which 97 percent are women, with a repayment rate of over 98 percent. Grameen Bank has broken the centuries-old 'rule' in banking by lending money to the poor without requiring collateral. Over the past three decades, it's been proven that in Bangladesh and many other countries around the globe, the poor are actually more credible than the rich.

Grameen's model has now been adopted in close to 180 projects in more than 100 countries. This model is not only suitable for rural areas but also in cities. One successful case would be Grameen America (GrameenAmerica.org). In 2008, Yunus founded Grameen America in Queens, New York City, where he offered micro-loans to immigrants and those living below the poverty line without requiring collateral in order to help them integrate into city life and solve the city's social problems. Today, Grameen America has developed projects in 11 cities in the USA, benefiting over 50,000 women living in poverty.

Yunus believes that poverty should only belong in the museum: when the day that poverty becomes extinct on earth arrives, we will have to build a museum of poverty and take our children there, letting them understand that poverty had once existed among humans. It should be similar to how we go to museums to see dinosaurs now; they once walked the earth but today, only tales remain.



About University Lecture on Civility

University Lecture on Civility invites outstanding speakers to share their views with staff and students at CUHK, nurturing students toward development of civic virtue and social engagement. We believe the university is responsible in leading society toward advancement and justice, so we hope to respond to the challenges of our society and time through talks at University Lecture on Civility, initiating students into thinking and going after their dreams.

In the past, we had invited Mr Lin Hwai-min, founder of Cloud Gate Dance Theatre of Taiwan, to give a talk on 'Planting Flowers on a Concrete Floor'; Professor Leo Ou-fan Lee on 'The Nobility of Failure'; Professor Kenneth Hsien-yung Pai on 'The Resilience of Youth'; Ms Hu Shuli from mainland China on the ideals of a journalist; as well as acclaimed Taiwanese architect Mr Kris Yao on 'Making A Thatched Cottage Amongst the Throng of Men'.



Transform Society · Walk the Talk– Social Service Projects

Seeing those who are less fortunate than ourselves – whether they are elderly women selling cardboard for a living or left-behind children living in remote, mountainous areas – we more often than not would stop and catch ourselves asking: what can I do? If you're willing to not only talk the talk but also walk the walk, regardless of the scale of the service you want to initiate, the I-CARE Social Service Projects programme offers project consultation, network contacts and funding assistance, helping you to turn your ideas into reality. Even if you aren't sure how you can help your service target, you're still welcome to join our service development activities. Together, let us rethink the value of service, and not do it just for the sake of doing it. Through organising social service, students can broaden their horizons, serve the communities in need and understand society, while also understanding themselves and growing to be a more mature, humbler and courageous self.

In the past four years, we've supported more than 50 projects. We hope the project introduction below will inspire you to become the next project organiser.

Artbility – The Art of CUHK 2014

From March to June 2014, nearly 40 students from the Department of Fine Arts planned a series of events on 'Integration of Arts into Society'. They organised 11 educational guided tours, leading over 300 high school students who were interested in arts to look at works by the department's students. They also hosted workshops teaching secondary school students about Xu Bing's calligraphy, papermaking and meticulous fan painting, to which participants responded with enthusiasm. In addition, to enable the visually impaired to enjoy the art works as well, volunteers created recordings and purchased different accessories such as headphones so they could experience the works using their senses of touch, hearing and smell.



CLOVER

CLOVER is an annual service programme organised by the Office of Student Affairs. In the academic year of 2013/14, 216 CUHK students took part in the programme. They were divided into 20 teams, each consisting of local and non-local students. Each team had to design a service project for a specific community. The entire project spanned over 3,000 service hours, during which students organised a variety of activities for the physically challenged, South Asian children and newly arrived women, such as handicraft workshops, language courses and outdoor activities.

Science Inspiration Project for Secondary School Students

During the academic year of 2013/14, the Faculty of Science sent more than ten students to a number of local secondary schools and a school in Macau to organise science workshops. The project targeted schools with more low-income families. CUHK volunteers utilised examples related to everyday science to design a range of games, workshops and experiments, igniting in secondary students an interest in science and encouraging them to study science in university and take on a science-related career.



LOCAL PROJECTS

MOTIVIC

(Music of Travel in Visually Impaired Community)

Over the past three years, MOTIVIC has combined ethnomusicology, music psychology and social services to organise an array of events for the visually impaired. The first part of the project introduced musical cultures of different places, using excerpts of music and field recordings in a range of world music-themed workshops. In addition to music appreciation, every workshop also introduced different places' musical histories as well as their social and cultural backgrounds. Food, clothing and musical instruments from around the world were also on hand to offer participants a multisensory experience. The second part of the project was the Music Radio Channel. Volunteers created pre-recorded and edited radio programmes in the studio at the Hong Kong Society for the Blind (HKSB), which were then issued by HKSB's library, where those with visual disadvantages could borrow and listen to the programmes.

CUHK Social Care and Service Learning Programme 2013-2014

Around 100 CUHK student volunteers led by students from the Department of Social Work took part in a series of social initiation, education and service work between December 2013 and April 2014. During the first phase of the programme, they participated in workshops to understand Hong Kong's poverty issues, the way of living of a disabled person, and techniques of community service. After that, they were guided by registered social workers to work with cleaners and the underprivileged and learn about their lives by collecting trash and staying on the street with them. At the end, the volunteers and their service recipients organised activities together, handing out flyers in Mong Kok and raising awareness by setting up education booths and street performances that introduced community life. They also participated in the 'Barrier-Free City Orienteering' by The Hong Kong Society for Rehabilitation, where they, together with a group of people with physical disabilities, visited checkpoints around Hong Kong and Kowloon and learnt to communicate with these people. The team of volunteers also services students with disabilities in CUHK.

Understanding Socially Disadvantaged School Youths Through a Social Service Endeavour

To help socially disadvantaged secondary school students to achieve whole-person growth and regain confidence, 25 students from the CW Chu College organised a range of activities for 30 students from Po Leung Kuk CW Chu College last summer, including a camp at the Breakthrough Youth Village, pre-camp workshop and post-camp presentation. The student service team had to design a theme for the project, anticipate possible difficulties, develop and implement action plans, solve various problems, take up responsibilities and do self-assessment.

Funding application details //

1. Funding for projects below HKD 20,000

This funding support programme aids students to organise service projects of less than HKD 20,000. The programme will begin in September for the academic year of 2015/16 and is open for application throughout the year. Applications must be submitted two months before the intended date when the project takes place.

Starting from the school year of 2015/16, I-CARE Social Service Projects will offer the 'Student Knowledge Exchange Fund' to encourage students to practice their academic knowledge by servicing society. Students interested in organising subject-related social service projects can apply for this funding to help the communities in need. Applicants must explain on the application form how the project can make use of their knowledge learnt from any CUHK formal lessons. After the project has been approved, you will be informed the amount of funding support.

2. Funding for projects above HKD 20,000

This funding support programme aids students to organise service projects of above HKD 20,000. Applications will be accepted in the second semester of the 2015/16 school year.

Enquiry number // 3943 3714

The I-CARE office offers consulting services to students interested in applying for the projects. Students are welcome to make an appointment with us.

Pathfinder – Cambodia Volunteer Service 2014

Eleven CUHK students went on a service trip to Kampong Chhnang Province, Cambodia, in the summer of 2014. Due to a lack of flood control facilities, the country is plagued by regular floods, causing serious environmental hygiene problems. In response to the issue, the team constructed facilities such as toilets and water filters for a local elementary school and 60 families, greatly improving public hygiene. The volunteers also created an education programme, teaching the locals about personal hygiene and prevention of infectious diseases.



MAINLAND AND OVERSEAS PROJECTS

Ethnic Minority Health Project

The Collaborating Centre for Oxford University and CUHK for Disaster and Medical Humanitarian Response (CCOUC) has organised the Ethnic Minority Health Project for six consecutive years. In 2012, 40 teachers and students went to Guangxi and Sichuan four times to offer humanitarian aid and promote disaster resilience best practices through education campaigns. The team of volunteers provided health assessment to 400 families of farmers who were affected by natural disasters, while teaching them about disaster prevention and post-disaster health care. The service not only enhanced awareness of critical illnesses, overlooked diseases and hygiene issues, but also deepened villagers' understanding of natural disasters and post-disaster emergency supplies planning.



Fujia Seed Programme

Nineteen Fujia Seed volunteers, including ten CUHK students, visited two primary schools in Wuhan Province to help alleviate teaching burdens of local teachers. For two weeks they provided summer revision classes to around 185 children, whose parents worked in the city, teaching them Chinese and English and designing extra-curricular activities, such as handicraft and drawing. In addition, they designed specific courses on letter writing and geography, so the children could learn to communicate with their parents and understood more about the regions where their parents worked.

Connecting Myanmar

In the summer of 2014, ten CUHK students visited Myanmar and the Thai-Burma Border for two months to serve around 400 Burmese people and Burmese refugees in Thailand through three service projects: 1, school and playground construction and public health education; 2, journalism training; and 3, human rights and law education aimed at the Burmese and refugees. The two-month projects not only allowed the team to develop profound friendship with the people there, but also let them experience first-hand the struggles of the refugees and gain a deeper understanding of Myanmar's society and politics. Later, they organised fundraising campaigns in Hong Kong to help improve the living quality of the community in Myanmar.

We're here to make a splash

I-CARE Community Research Team

There'll be three stages, and if you don't wait for 'Uncle Fat' Lau Wong-fat, each stage should be around four months, which you can utilise for bettering our society.

1

Here in Ma Liu Shui, you and your team will uncover Hong Kong's societal issues.

3

What's next? Well, then it's up to you to decide on how to change this society; you won't have to fly to space like a certain female artist, nor will you have a quota to meet like a certain disciplinary force, but at the very least your plan will have to work.

2

You will then begin to do research and studies, while learning about campaigning.

So basically our 'company' is called I-CARE, which focuses on social and civic engagement. You simply have to want to change society and have solicitude for vulnerable groups in society.

As for salary... there is none. X

But each person will be offered HKD 2,000 as scholarship, in addition to negotiable funds for research and campaign, as well as priceless learning experience. But the budget doesn't include a HKD 400,000 fee for publication on a helicopter.

All right, enough with the jokes for now.

Some say, "Born in an era of upheavals, one has a responsibility." As the place where knowledge is created and communicated, university carries the missions of promoting social progress and bettering human lives. The I-CARE Community Research Team is created exactly to support students who wish to commit to such missions. We all know and understand what Hong Kong is currently facing: social conflicts, rampant injustice, hopelessness of vulnerable groups... In the face of these issues, we all want to help, but it isn't so easy. Many, including a lot of students, are stopped by problems such as how to investigate and analyse an issue, and then there is also the problem of how to organise actual actions to positively change society.

! Changing society does seem difficult, but come on, even the once 'double-loss' youth 'Ar Yuen' is getting married, and even Vincent Wong (aka 'Ar Seun') could make a comeback - nothing is really impossible. All you need to do is recognise what is at the core of the societal problems and master the

techniques of issue analysis; you'll find intervening in society isn't really that hard.

A prominent feature of the community research programme is its flexibility, which gives students the freedom to start from scratch, allowing them to search for and establish their own direction of social intervention. Professor Wong Hung from the Department of Social Work will be the programme's consultant, together with two other instructors who are both experienced in research and action. The first stage will introduce students to societal issues and research training, helping them to establish a solid academic research foundation; the second step allows students to select an issue that interests them and conduct studies under the supervision of an instructor; the final stage is when students publish the results of their studies - they can be in the form of a rigorous written report, a documentary that follows those they have interviewed, or even a guided tour or a piece of performance art - all designed and implemented by students.

Among students who are currently part of the programme, a diversity of topics are covered. Some are following up on the issue of human trafficking in Hong Kong, while some are investigating how Kwun Tong's rebuild will affect residents and shop owners, and yet some are evaluating sexual diversity education in secondary schools.

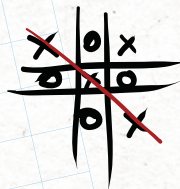
Eligibility for application:

1. A team of five or more (those who have an idea but do not have enough team members can also contact us)
2. Any topics related to societal issues in Hong Kong
3. Serious and responsible to one's work

If you meet all of the above requirements, don't hesitate and come talk with us! We open year-round (but it's best before October).



Contact us at // johnsony.2014@gmail.com / Or visit us in our I-CARE Programme office on the fifth floor of Wong Foo Yuan Building.



Feeling indecisive but eager to give it a try?

Homeless Outreach Population Estimation Hong Kong 2015

Students who are unsure of which topic they'd like to explore, but who would like to get a taste of how the community research programme works, are welcome to participate in the 'Homeless Outreach Population Estimation Hong Kong 2015', which will begin this September. The project is co-organised by The Chinese University of Hong Kong, City University of Hong Kong, Hong Kong Polytechnic University and Lingnan University. Inspired by New York's homeless census, we will conduct a census of homeless people in Hong Kong on October 29, studying their regional distribution, living needs, etc. The broad-scale project will require the help of 600 volunteers. The programme's schedule is as follows:

Late September	: Training evening for CUHK volunteers
October 16, evening	: Training and talk for volunteers from all four universities
October 23-24, day	: Bivuoac experience - experience how a homeless person lives
October 29, evening	: Hong Kong homeless population census day

How to join: <http://goo.gl/forms/dJVmAyW0SI>

Apply before: September 25, 2015

Enquiry: johnsony.2014@gmail.com



These days everyone is saying, "Hong Kong is sick." To restore Hong Kong's lovely side; to be rid of the feelings of lost and powerlessness; and to truly let those who are struggling between narrow cracks become self-reliance and dignified – we believe the answers lie in community. Through specific actions, community involvement strengthens the connection between people and the environment, as well as between people themselves, laying the foundation for 'saving one's own community'. Community involvement also places emphasis on building interpersonal relationship in the community, members' sense of participation in community affairs, and the preservation and continuation of regional history and culture. Therefore, change must begin from within the community, and it must be self-initiated and independent. Only then will 'sam gaang sai zok' (deep plowing and careful cultivation, a metaphor for change in society, which requires patience and long-time nurturing) not only be a mere slogan, but also the beginning of real change.

Community Story Collectors

I-CARE's Local Poverty Alleviation Initiatives (LPAI), including the 'Rural and Remote Community Friendship Project', 'Hong Kong Cultural Tours Project' and 'Need-based Development Scheme', are the answers to how we implement this belief. By going into the community, and through different workshops and community visits, CUHK students taking part in the projects can discuss, observe and gain a new perspective into their supposedly familiar living space, while depicting community environment and creating community cohesion.

As students participate in community services, they transform into story collectors and continue to co-write the communities' stories. Understanding the ideas and beliefs within a community and building mutual support and connection with its residents are key to community involvement. As participants walk hand in hand to collect and play out each unique community story, they are not only showing the diversity of communities in Hong Kong, but also outlining a comprehensive landscape of humanities.

The Answers Lie in Community

Rural and Remote Community Friendship Project

Those of you who live downtown, have you ever been to the city's suburbs?

And those of you who are enjoying a relaxing time with a backdrop of rolling mountains and views of vast grasslands that overlook the sea, do you have any idea what has happened exactly where you are in the past?

Located near Hong Kong's borders, the old communities of Sha Tau Kok, Tap Mun (aka Grass Island) and Ko Lau Wan have become somewhat lonesome due to population exodus. We thus led CUHK students to these communities for the "Rural and Remote Community Friendship Project" in 2014, visiting elderly people living in those areas on a regular basis. Bringing with them care and love, students listened patiently to the elderly as they shared the stories of their past: how they fought in the war against Japan, and how they worked especially hard back in the day. Students could then have a peek into their life stories as well as the changes the communities had gone through. They also recorded the places' histories, cultures and customs from these oral history interviews.

During a visit to Sha Tau Kok, the students and their elderly friends enjoyed homemade delicacy outside lines of village houses, while the elderly reminisced about their weddings on fishing boats. The Hoklo folks even dug out their treasured folk costumes to dress the students. Accompanied by the sounds of the gong and drum, the students and their elderly friends danced together – it was as though time was rewound back to decades ago; the merry time with the students had reinvigorated both the elderly and the community.

Community Identity Constructed in Daily Life

Students' continuous participation outside of class has contributed to their personal growth, allowing them to gradually strengthen the sense of recognition and identification with local culture. In this modern era, what is Hong Kong's community culture all about? We hope to visit different communities, where students will understand the past and get involved in cultural inheritance, so as to preserve and renew old culture.

How to join: The 'Rural and Remote Community Friendship Project' will be here in September 2015. This year, we will focus on Sha Tau Kok. Aside from visiting elderly regularly, you will have more opportunities to inspect the community and discover Sha Tau Kok's 'now and then' through a diversity of channels. Unveil this forbidden district's mystery and its past and present through your lens and exploration!

Click the link below to join!

<https://goo.gl/cZ2QTg>

Enquiry number: 3943 9859



Hong Kong Cultural Tours Project

As you walk through row upon row of buildings in Central, do you know just a century ago, this place was under colonial rule?

When you travel through vibrant Wanchai on a tram, countless families are living their lives at grass-roots level, unbeknownst to those who only see the flamboyant side of the city.

Over the century, Hong Kong has been through too many vicissitudes. The 'Hong Kong Cultural Tours Project' take you on a journey to discover the city in depth and, through your voice, enliven its history and continue to pass down its culture.

A Walk Around Hong Kong

If you walk along the guided route in Sheung Wan to learn about Hong Kong's colonial past, you'll find the first half of the route remains leisurely and ancient; yet once you've passed the incense-filled Man Mo Temple, Pak Shing Temple and the tranquil Blake Garden, you'll be facing the hustle and bustle of Graham Street and Central Market.

Sheung Wan is merely a tiny district, but it's got two distinct urban landscapes. This kind of infusion between new and old, and East and West, is exactly what's known to be Hong Kong's charm and energy. It's a side of the city that deserves to be rediscovered and cherished.

The Project embarked in September, 2014, with 42 CUHK students designing vivid, enriching cultural tours based on six themes, which allowed secondary school students who took part in the tours to experience each historical



story as if they were being played out in front of their eyes. The 'Hong Kong's Colonial Past' tour, for example, guided participants through Central and Sheung Wan, explaining the origins of iconic landmarks such as Man Mo Temple and Pak Shing Temple, and letting secondary school students experience the lives of Chinese back in the colonial period.

Take a walk in the community and bring with you the curiosity of a traveller, and you will find the gems that are hidden in each of the city's corners. Be part of the community, experience its pace of life and ambience, and appreciate the human warmth of the community.

How to join: The Project will come back for the second year in September 2015, offering even more guided tour themes this year. Participating students will receive instructions and trainings by professional instructors between September 2015 and February 2016. They will learn the whole process of creating a guided tour, from establishing a theme, researching for information and designing the tour, to practicing and rehearsing. From March to May next year, they will lead secondary school students around Hong Kong as Cultural Ambassadors, enlivening history with their unique interpretation.

Click the link below to join!
<https://goo.gl/XQK1x9>
 Enquiry number: 3943 9859

Need-based Development Scheme

Social service should not just be about sympathy; grass-roots communities are also full of vigour.

We believe people-oriented community work must begin by listening carefully to the community's needs.

The 'Need-based Development Scheme' emphasises on the needs of the community. Only after student volunteers have understood the community's needs and built mutual trust with its residents, can they propose and implement specific development plans. Students will get to know the neighbourhood's life without any presumption, before organising their work using the bottom-up method. We believe the neighbourhood is who understands its needs the most, and the community has enough power to improve itself. Therefore, to effectively uncover the community's potentials, service providers should take the role of facilitators rather than external experts.

Sham Shui Po is frequently labelled as a poor, chaotic and dangerous community. In fact, Sham Shui Po is a community with a long history. Its stalls and small shops, such as Golden, Fuk Wing Street, Dragon Centre and Apliu Street, all have their own unique characteristics. We are all familiar with these places, which should count as Hong Kongers' common community, where activities abound. Within the community, there is a strong network between people with a strong sense of human warmth, and its members all know and help each other. What CU students have to learn is to spend time with Sham Shui Po's communities, using existing community resources to promote substantial changes.

In the process of exploring the needs of the community and planning services, students can work together with service users in the community, understanding their abilities and needs in order to plan and organise projects that belong to the community. In other words, students will learn how to practice people-oriented community work.

To the community, a service scheme designed and implemented based on the neighbourhood's life and the community's service needs can respond to its needs more effectively. Since the scheme also focuses on bringing residents' talents and abilities into play, they can continue to influence and promote change within the community even after students have left following the end of the project.

Upcoming programme:
The new programme will be announced in January 2016. Stay tuned!

Enquiry number:
 3943 9860



Non-Government Organization Internship Programme

Partner: Centre for Social Innovation Studies



The I-Care Internship Programme aims to lead its participants deep into a community, offer them first-hand experience in community organizations. This heartfelt journey will start from within, and bring about growth in life.

The programme provides opportunities for undergraduates to take part in internships in NGOs across Hong Kong, Mainland and Taiwan. It engages participants in community life, and facilitates learning of civil society values and working skills, and also of how services that are based on respect and human needs, can effectively respond to social problems in communities.

Local Internships

Students will participate in local NGOs' community work as interns, understanding the civil society as well as the philosophy behind an NGO and its strategies, which will invoke reflections and actions toward society issues in Hong Kong, community service and personal growth.

Internship period will be from mid-October to end-January, with no less than eight

hours per week. Details of the internship will be determined by the organisation and the intern.

How to join: Recruitment for the Programme will begin in September, 2015. Please stay tuned to the NGO Internship Programme's Facebook page at:

<https://www.facebook.com/iCareIntern>
Enquiry number: 3943 1337

Overseas Internships

With an emphasis on direct engagement with the community and in-depth interaction with 'ordinary' people, the overseas internships give an insight into individuals' life stories and inner journeys during the process of society development. Participants will also learn about how NGOs respond to the different issues brought upon by society development in an innovative yet practical way. When students return to the place they grew up, the experience will continue to encourage them to care about and attempt to change what happen around them.

Overseas internships take place each year between the months of June and August, spanning eight weeks in total. The Internship Programme for overseas internships will be open for application in January, 2016. Please stay tuned to the NGO Internship Programme's Facebook page at:

<https://www.facebook.com/iCareIntern>
Enquiry number: 3943 1337

Organisations	Locations	Focus Areas
Beijing Migrant Workers Home Cultural and Development Center 北京工友之家文化發展中心	Beijing	Integrated labour service, rights and interests protection and mutual economic assistance
Guizhou Institution for Indigenous Culture Development 貴州鄉土文化社	Guizhou	Preservation of indigenous culture, rural community development and youth development
Yunnan Heart to Heart Community Care 雲南連心社區照顧服務中心	Yunnan	Community service for the poor and NGO capacity building
Handa Rehabilitation and Welfare Association 廣東省漢達康福協會	Guangdong and Yunnan	Integrated community rehabilitation projects at the Rehabilitation Village and community development
Center for Advancement of Rural-Urban Sustainability 廣東綠耕社會工作發展中心	Guangdong	Community economy, rural development and organic farming
Rural Women Development Foundation Guangdong 廣東省綠芽鄉村婦女兒童發展基金會	Guangdong	Female labour service, promotion of sex education and services for women and children
Inner Mongolia Aohan Women's Development Association 內蒙赤峰市敖漢發展協會	Inner Mongolia	Microfinance and social supermarkets
Friends of Nature 自然之友	Beijing	Environmental research and public education
Grameen China (Lukou Branch) 格萊珉中國 (陸口支行)	Jiangsu	Microfinance and rural community development
Shaanxi Gender Development Solution 陝西婦源區性別發展培訓中心	Shaanxi	Regional development, disaster relief and rebuild of communities
World Vision in China 世界宣明會 (中國項目)	Yunnan and Jiangxi	Community building, heritage preservation, sustainable environmental development and civic engagement
HONDAO Senior Citizen's Welfare Foundation 台灣新故鄉文教基金會	Taipei, Taiwan	Old community building and ecological conservation
Peitou Culture Foundation 台灣北投文化基金會	Nantou, Taiwan	Elderly care service, elderly health and helping the elderly to realise their dreams
Taiwan Miaoli County Community University 台灣苗栗縣社區大學	Miaoli, Taiwan	Community building, community education and civic engagement

Social and Civic Engagement on Campus

Aside from the I-CARE Programme, CUHK offers a wealth of social and civic engagement opportunities provided by colleges, academic departments, administrative and service departments, as well as student associations. These organisations differ in their interests, concerns and stances; here, we'd like to give you the full picture of the plenitude of opportunities available. We encourage you to keep an open mind and ear to new experiences and live your college life to its richest!



Chung Chi College

Chung Chi College has aspired to nurture a sense of community care in students ever since its inception. The College's Service-Learning Centre organises a wide range of Service-Learning Programmes in local, mainland and international settings every summer.

Through the Local Programme, Chung Chi students have organised various activities for the elderly, children from low-income families, rehabilitated substance abusers, etc. As for the Mainland Programme, students have served at local schools and communities in various mainland regions, such as Zhongshan in Guangdong Province and Guilin in Guangxi Province. Students participating in the International Programme visited countries such as Korea, Japan, India, Indonesia and the Philippines to work with local social service agencies and higher education institutes there to serve underprivileged communities. During the three months of planning, preparation and service, students gained not only a clearer idea of the underprivileged communities, but also a deeper understanding



of different social phenomena. The discussions and reflection also had a great impact on their personal growth. Both the Local and Mainland Programmes are part of the College General Education course 'GECC4130 Senior Seminar'. Students will give group presentations and hand in written reports on their service and learning in formal classes.

Apart from the General Education course, the College has established a long-term partnership with the Chinese YMCA of Hong Kong and created the Uni-Y (CCC) to organise a diversity of leadership training and social service activities. In addition, the College provides funding to self-initiated student service teams, such as the Rotaract Club of Chung Chi College and Chung Chi The Sun, who wish to provide sustainable service projects in mainland and overseas regions.



New Asia College

A number of student societies of the College, including the We Love Hong Kong Social Service Society, the New Asia Rotaract Club, and the Student Social Service Group, regularly organise an array of social service activities to enhance students' awareness of society and the people in need. Additionally, the College provides various learning opportunities that allow students to participate in overseas social services, such as the New Asia College/ Yale University Summer Community Service Exchange and New Asia College/ Hunan University Summer

Exchange Programme. These summer service programmes aim to encourage students to explore the meaning of 'global citizenship' in view of poverty and development issues, human rights, and cultural diversity by providing social services and visiting the underprivileged community. The College strongly supports service learning by providing financial assistance to participants and related student bodies, and also actively encourages them to promote social services.



United College

To reinforce the College motto on 'Xin Min' and nurture students to help those in need, the College has organised different kinds of service-learning programmes that allow students to participate in social service activities and develop their own potentials while contributing to society. Back in 2002, the College had already launched the Social Service Award Scheme to promote voluntary service for the benefit of the local community. United College students who take part in the scheme each receive a Record Book of Volunteer Service. The Bronze Prize is given to those who have done 50 or more hours of voluntary service in one year; the Silver Prize is for those who have done 110 or more hours of service in two consecutive years; whereas the Gold Prize recognise those who have provided 200 or more hours of service in three consecutive years. Today, around two thirds of the College's students have their own Record Book.

In 2012, the College created a one-unit credit-bearing course, 'GEUC2101 Social Service: Participation and Reflection', for year two and year three students as part of the College's General Education programme. In the course, students are able to learn from actual service experiences as they are divided into smaller groups to organise service projects. Each year, as many as 400 students select this course.

A new Service Learning Internship Programme was also launched in 2014 for students who have a desire to serve others. The Programme arrange overseas internships at non-profit organisations in locations such as China, Taiwan and Myanmar. By servicing the poor and the marginalised and understanding their lives, students can make use of their knowledge and talents, while working alongside experienced volunteers who have dedicated their lives to helping others.





Shaw College

'Serving the Community' is one of the five pillars of student development at Shaw College. Our students work hard in their quest for knowledge, with a view to using what they have learnt to serve the community and those in need. Through the annual Caring Heart Community Service Project Scheme, the College offers subsidy to encourage self-initiated organisation of and voluntary participation in social service projects. By partnering with social service organisations, schools and groups, the College also co-organises different kinds of community service activities. Recent projects include 'English Activities for Fresh Fish Traders' School', 'Career Planning Service Programme for South Asian Youth', 'Visit to Tap Mun Elderly', 'Best Buddies Hong Kong Movement', etc. In addition, the College offers service-learning General Education courses, enabling students to put the theories into practice. The College also provides advice and subsidy to social service groups led by students.

In the first term of the 2015/16 school year, the College will continue to offer funding through the Caring Heart Community Service Project Scheme. Students who are interested in organising service for people in need in Hong Kong or the Mainland are welcome to submit proposals in order to apply for subsidy. The College will also continue to organise 'English Activities for Fresh Fish Traders' School' and 'Best Buddies Hong Kong Movement'; those who are interested in teaching primary school students English, or becoming friends with people with intellectual disabilities, are welcome to join. For more details, please check out the College's e-newsletter and website.



晨興書院
MORNINGSIDE COLLEGE

Morningside College



The Morningside College encourages students to take part in social service, while nurturing their sense of civic responsibility. The Service Learning/Civic Engagement component of Morningside College's General Education programme (GEMC3001 Service Learning/Civic Engagement, for Morningside students only) gives students the opportunity to engage in

substantive service work. The goals of the course are to allow students to apply what they have learnt in the classroom in practical settings for the benefit of others, and to help them discover how they can make their own positive impact on the world.

At the completion of the Service Learning Project, students will be prepared to:

- recognise pressing societal issues in Hong Kong and the wider world;

- assess the resources available and determine what is important to communities in need;
- evaluate a range of possible methods and responses;
- combine prior classroom knowledge with experiences/observations in the field to make decisions and solve problems;
- understand root issues underlying community needs;
- consider service not as a one-off experience, but as a lifetime commitment.

You might learn how a local animal rescue organisation works, serve the elderly in China, educate children in Nepal, or monitor food waste right here on campus. Regardless of your service focus, consider weaving our College values - scholarship, virtue, service - into your commitment to serving the community at home and elsewhere.

You might also visit the College's website for more details: <http://www.morningside.cuhk.edu.hk>



S.H. Ho College

Students admitted to S.H. Ho College do not simply enter a university, but a home away from home for its 600 students. Adopting a fully residential and communal dining system, S.H. Ho College is devoted to nurturing students' whole-person development. The College has been motivating its students to participate in social services in a bid to help them gain exposure to society and widen their life experiences. Students joining the Sentimental Grandparent Scheme pay regular visits to the residents at SAGE Madam Ho Sin Hang Home for the Aged, and help every one of them compile their own unique 'Journal of Life Experiences'. Previous social service projects also include the provision of volunteer services to Ugandan orphans and abandoned women, and the construction of bridges in rural areas of Mainland China to ensure that children can safely cross rivers on their way to school.

Launched in 2013, the annual Student Social Service Mentorship Programme has been fostering our students to mentor secondary students and scaffold them with social service organisation skills through which communication skills and self-efficacy can be developed. Participants were able to acquire an understanding of different places' social situations and develop friendship with their students during the year-long programme. One participant said, "I've learnt a lot from the voluntary work and the interaction with the secondary school students and other mentors. I'm thankful to everyone who has put time and effort into the Programme."

With our staunch belief in 'influencing life with life', we groom our students to be future leaders who will redeem society with a strong sense of social responsibility. The Student Social Service Mentorship Programme 2015-16 will be open for application in mid-September. Selected student mentors will undergo training and practice, and continue serving society with love.



CW Chu College

The CW Chu College Service Team first launched its social service-learning project entitled 'Understanding Socially Disadvantaged School Youths Through a Social Service Endeavour' in the school year of 2012/13, in the hope to facilitate the all-round development of students at CW Chu (CWC) College. In collaboration with a secondary school with a large number of socio-economic disadvantaged and academically low-achieving students, the project specifically addresses the importance of understanding the needs and values of high school students with social deprivation through a social service-learning venture. The project provides participants with the opportunities to build their confidence, mobilise their strengths, search for their life goals, and identify pathways to achieve their dreams. In this project, CWC students would have chances to serve the community, preparing them to be responsible to our society. As for the social service clients, this group of secondary school students will be take part in a 'virtual-reality session', which is a series of games and tasks that simulate real-life settings beyond their immediate



school and family environment, such as longer-term career and life planning, which will be eye-opening for them.

New elements built into this third-year project include a pre-camp workshop and intra-group pre-camp gatherings, which aim at increasing mutual understanding between the mentors (CWC students) and mentees (secondary school students). Career and life planning sessions have also been added to prepare mentees for better planning for their future and life goals. The CWC Service Team members have contributed to initiating ideas, posing questions, formulating and implementing action plans, solving problems, assuming responsibility, self-evaluating and self-reflecting.

In line with the philosophy of CW Chu College, this project is designed to create a platform for students to serve others, to promote leadership, and to exercise intellectual clarity and ethical conduct through which an appreciation of life is developed.



Wu Yee Sun College

The Service-Learning Programme is one of Wu Yee Sun College's major emphases in support of its mission: 'Entrepreneurial spirit with social responsibility'. The College General Education courses echo its mission to lay a solid foundation for students to serve society with their expertise in the future.

The Non-Local Service-Learning Programmes not only broaden students' horizons, but also foster their commitment to serve the needy. In the past, the College has supported students to visit Myanmar, Cambodia, Africa and Mainland China to carry out Service-Learning programmes. Getting in touch with the less privileged groups enables students to understand people from different social classes while realising their social responsibility. In addition, the College expects the participating students to explore different cultures and develop a sense of global citizenship through observation and discussion on the social problems in the communities visited. Apart from the

organised trips, the College also encourages students' creative service-learning initiatives with the Service-Learning Project Funding Scheme.

The College General Education courses offer year one students a window into areas such as 'Social Problems and Issues' and 'Innovations, Social Welfare, and Social Ventures in a Market Economy'; while year four students are required to design and plan, in small groups, a project that is innovative and beneficial to the community.

College students who are enthusiastic about servicing society have also established the Rotaract Club and Social Concern Group to contribute to society through social service events and raise their peers' awareness of current social issues.



Social Service

Xiao Bian Dan Student Service Group

The Xiao Bian Dan Student Service Group of the Chinese University of Hong Kong, a subsidiary of the Xiao Bian Dan Operation, aims to recruit students to work together with the Operation's alumni volunteers to provide education in rural areas.

Upcoming programmes:

- October 9-11, 2015 (Fri-Sun): Three-Day Educational Service Tour in Guangning County, Zhaoqing, Guangdong
- November 14-19, 2015 (Sat-Thur): Six-Day Educational Service Tour in Lingyun and Leye Counties, Guangxi
- December 24-27, 2015 (Thur-Sun): Four-Day Christmas Educational Service Tour in Teng County, Wuzhou, Guangxi
- March 22-28, 2016 (Tue-Mon): Seven-Day Easter Educational Service Tour in Tianquan County and Lushan County in Ya'an city, Sichuan
- May 13-15, 2016 (Fri-Sun): Three-Day Educational Service Tour in Guangning County, Zhaoqing, Guangdong

Website: <http://www.xbd.org>

Facebook: <https://www.facebook.com/XiaoBianDan>

Email: info@xbd.org Tel: 2608 0167

Wu Zhi Qiao (Bridge to China) CUHK

Established in 2009, the Wu Zhi Qiao (WZQ) CUHK is a university student volunteer group under the Wu Zhi Qiao (Bridge to China) Charitable Foundation. The group aims to gather CU students' talents and efforts to visit remote, poverty-stricken areas in Mainland China, where we build temporary bridges and carry out livelihood projects to improve the living conditions and quality of the locals.

Upcoming programmes:

Village Improvement Project

Together with other universities' teams of volunteers, we will visit rural villages in Midwestern China to conduct preliminary research, project planning and rural development. Team members will lead and implement every step of the project.

A Bridge of Hearts

Aside from work, joining the 'WZQ Family' would also make the beginning of new friendships, exchanges and learning. We will exchange experience with other groups in Hong Kong and the mainland and learn about rural social ecology, community development, traditional architecture and rural public hygiene. There will also be plenty of opportunities for members within the team to nurture their friendships.

Website: <http://www.bridgetochina.org.hk/hk>

Facebook: <https://www.facebook.com/wzq.cuhk>

Email: wzq.cuhk@gmail.com

Social Service Team

Founded in 1972, the Social Service Team aims to 'Unite Students, Understand Society, Serve the Toiling Masses'. Through longer-term voluntary work, we hope that students will have a deeper understanding and relationship with the underprivileged in society, while gaining different experiences through serving the underprivileged, benefiting both the service targets and volunteer in terms of personal growth.

Upcoming programmes:

- October to November 2015: Voluntary tutorial service for ethnic minority children
- November 2015: 'LifeStory' project by Evangelical Lutheran Church Social Service – Hong Kong
- November 2015: Service for children from low-income families
- January 2016: Service for muscular dystrophy patients

Facebook: <https://www.facebook.com/sst.cuhk>

Email: cuhk.sst@gmail.com

Three Heart Club

The Chinese University of Hong Kong Three Heart Club is a public organisation that focuses on short-term voluntary teaching projects in the mainland. 'Three Hearts' refer to love, patience and attentiveness. We recruit outstanding volunteers in CUHK who visit less-developed areas in Mainland China to teach during their winter and summer vacations. Over the past seven years, we have left our footprints in more than ten schools in four provinces, witnessing hundreds of children's growth and change. We sincerely invite those of you who are full of love and dreams to join our journey and share the power of knowledge with more children.

Facebook: <https://www.facebook.com/3heartclub>

Weixin: 3heartclub

Clover

Organised annually by the Office of Student Affairs, the service programme of Clover unites CUHK's local and non-local students to provide service to society. The programme aims to build long-lasting friendships between local and non-local students as well as their service targets through understanding, respecting and appreciating each other's cultures. In the academic year of 2014/15, the programme saw 15 teams consisting over 150 students take part in providing a variety of services to around 300 recipients, including local and South Asian children, the elderly, and those with learning disabilities. Since its inception in 2009, more than 570 CUHK students have participated in the programme, serving a total of 1,300 people. In its seventh year, this year's activities will be organised by 'Friends of Clover' – a group of past participants – and supported by the Office of Student Affairs. The theme 'Stand by Me' will run through all of the activities throughout the year, emphasising on serving those at the grass-roots level of society and promoting environmental messages.

Website: http://www.cuhk.edu.hk/osa/iss/CDP_Clover.html

Facebook: <https://www.facebook.com/CLOVERCUHK>



Lee Woo Sing College

As per its motto 'Wisdom, Humanity, Integrity, Harmony', in which 'Humanity' means 'being considerate, aspiring to the perfect personality', the Lee Woo Sing College nurtures students' leadership capacities by organising a range of activities that increase their awareness toward the community and those around them.

Through the College General Education course GEWS 1011 and voluntary social service activities organised by associations such as the United National Children's Fund (UNICEF), Orbis and the End Child Sexual Abuse Foundation (ECSAF), students can put their knowledge into practice. In recent years, the College has also organised a number of activities, such as visits to the Christian Zheng Sheng College, which allow students to understand the lives of Zheng Sheng students and provide service accordingly.

As for student associations, the College Student Union's Rotaract Club – despite having only existed for two years – has organised a variety of projects, including tutorial classes for children from low-income families and a charity bazaar stall. These activities not only enrich students' college life, but also prepare them to serve society in the future.



Uni-Y (CUHK)

Founded in 2010 under the Chinese YMCA of Hong Kong, Uni-Y (CUHK) is an organisation that aims to serve CUHK students. Its aim matches the motto of The Chinese University of Hong Kong: 'Through learning and temperance to virtue', and that of the Chinese YMCA of Hong Kong: 'Not to be served but to serve'. It aims to students' whole-person development in terms of their body, mind and spirit.

Upcoming programmes:

- October 2015: Service project for abandoned animals
- October to December 2015: Service project for local refugees
- October 2015 to January 2016: 'Extreme Penang' Personal growth series

Website: <http://www.ymca.org.hk/uniy/cuhk/>
Facebook: <http://www.facebook.com/uniymcacuhk/>
Email: uniycuhk@ymca.org.hk
Tel: 3943 7253

Uni-Y (CCC)

Established in 2010 under the Chinese YMCA of Hong Kong, Uni-Y (CCC) is an organisation that serves Chung Chi College students. Its mission not only reflects the motto of The Chinese University of Hong Kong: 'Through learning and temperance to virtue', and that of Chung Chi College: 'To aim at supreme goodness', but also to the Chinese YMCA of Hong Kong's mission: 'Not to be served but to serve', aiming to nurture students' whole-person development in terms of their body, mind and spirit.

Upcoming programmes:

- October to December 2015: Service for youth night drifters
- October 2015 to January 2016: Indonesian Sea Turtle conservation programme
- October 2015 to January 2016: 'Leg's GO' Taiwan self-challenging series

Website: <http://www.ymca.org.hk/uniy/cccuuhk/>
Facebook: <https://www.facebook.com/uniycccuuhk/>
Email: uniycccuuhk@ymca.org.hk
Tel: 3943 1108/ 3943 1498

Co-organised Projects by the Alliance of University & College YMCAs

- October 2015 to January 2016: 'Our Yearbook – Memoirs of the Elderly' programme
- November 2015 to January 2016: 'Tour of the Maritime Silk Road'
- November 14, 2015: 'The LovEquation'
- February to August 2016: 'Y – Fly Ambassador Programme' – exposure to sustainable tourism

SHHO Voluntary Service Team

The SHHO Voluntary Service Team is of the organisations under the College Student Union, aiming to offer students opportunities to serve society. We hope to encourage students to care for society and serve the underprivileged communities, as well as nurture members' community awareness and sense of civic responsibility. To facilitate cross-generation and cross-class integration, the Voluntary Service Team regularly collaborates with the Sage Madam Ho Sin Hang Home for the Elderly and other charities or non-profit organisations and arranges activities such as visits to the Home for the Elderly, the children village and granges. In the coming year, the SHHO Voluntary Service Team will organise a range of activities, including a voluntary tutoring and paired reading programme, visits to the homeless, a charity bazaar of desserts, and a day trip around CUHK that lets the elderly folks have a taste of being university students. We hope that participants can have a better understanding of the underprivileged through a diversity of voluntary experiences, and that integration of society can be achieved as social labeling are eliminated through personal contact.

Facebook: [Voyagers](#)

Shaw Rotaract

Shaw Rotaract is an international service association, whose projects can be divided into four main areas: group service, international service, society service and career development. In the past, we have organised a service programme for children from low-income families, an international service tour to Guilin, and an occupation experience called the 'Clown Workshop'.

Upcoming programmes:

International service tour to Chiang Rai and social service for youth with hearing disabilities

Facebook: <https://www.facebook.com/shaw.rotaract>
Email: scr17.spectrum@gmail.com
Tel 6285 6612

Campus YMCA of Hong Kong - The Chinese University of Hong Kong (CUSU)

Campus YMCA of CUHK is a student organisation under the Chinese YMCA of Hong Kong, recruiting students with passion to serve society together. Our committee is named 'Enlighten', which reflects our hope to bring light to the darkness by offering help to underprivileged communities in society, as well as our passion and sincerity as volunteers. Our service area is relatively broad, with targets including children from low-income families, South Asian children and senior citizens. In the coming year, we will organise a service programme for the elderly; through five visiting activities, volunteers and the service recipients will be able to spend time together and get to know each other, bringing love and care to the elderly. At the same time, volunteers will also transform their elderly friends' unique life stories into written records in the form of autobiographies.

Facebook: <https://www.facebook.com/pages/The-Campus-YMCA-of-CUHK-Page/1563003130584659>
Email: campusyuhk@gmail.com
Tel: 5406 6796 (Louise)

Chung Chi Rotaract

Facebook: <https://www.facebook.com/ChungChiRotaract1516>

Chung Chi The Sun

Chung Chi The Sun is an independent self-initiated student association that doesn't belong to any other organisation. By organising service tours to places where voluntary teaching and construction are needed, we hope to spread love to different places, while broadening participants' worldview. We believe each service tour is a mutual learning process, in which everyone experiences growth. We hope our service tours are like the sun – no matter how heavy the rain is, the sun hiding temporarily behind the clouds will still bring hope.

Upcoming programmes:

Twice yearly service tours (one in winter and one in summer)

Facebook: <https://www.facebook.com/chungchithesuns>
Email: ccthesun20142015@gmail.com
Tel: 6851 6395 (Albee)

We Love Hong Kong Social Service Society, NA

Founded in 2011, We Love Hong Kong Social Service Society, NA was created by a group of CUHK students who were passionate about servicing society. A student association under New Asia College and We Love Hong Kong, we hope to serve those in need in Hong Kong and nurture a sense of responsibility and care in youths. With the aim to serve local underprivileged communities, we hope to spread hope and care, while bringing people together through service and communication. By organising activities of secondary school students, we also hope to teach them by the example of our student volunteers, encouraging the younger generation to participate in and organise voluntary services.

Facebook: <https://www.facebook.com/cuhknawelovehk>

Pathfinder

Pathfinder was established in 2013. Mainly formed by HKU and CUHK students, it aims to improve water facilities in rural Cambodia, providing access to clean water and hence alleviating villagers' living quality and protecting their health. Over the past two years, Pathfinder has organised multiple inspection tours. And in 2014, it successfully organised the first voluntary service tour to Kampong Chhnang Province, where it helped the Prek Reang primary school to construct facilities such as water filters, toilets and faucets, as well as to promote public health education and cultural exchange.

Upcoming programme:

- In December 2015, it will once again organise a voluntary service tour, which will include
- Project A: Construction of water treatment plant – collaboration with NGO RainWater Cambodia to build and manage facilities
- Project B: Public health education – visits to schools and families, health check-up, and public health talks and workshops
- Project C: Cultural exchange – cultural exploration of Cambodia, art performances and stay with host families
- Project D: English education – making English educational videos with local university students, voluntary teaching and instructor training

Website: <http://hkpathfinder.org>
Facebook: <http://www.facebook.com/Pathfinder2013>
Email: info@hkpathfinder.org

United Rotaract

United Rotaract is a voluntary service association. By organising programmes that cover the areas of group service, community service, international service and career development, we hope both the service recipients and the volunteers can find joy from the programmes, and spread the spirit of helping the ones in need. In the coming year, we will organise an international service tour to Mainland China, two community service activities and a fishermen work experience.

Facebook: [Ucradiant UC Rotaract](#)
Instagram: [ucrotaract1516](#)
Email: ucr1516.natalieyuen@gmail.com
Tel: 5116 0916

New Asia Rotaract

New Asia Rotaract is one of CUHK's six Rotaract Clubs. By organising programmes related to community service, international service tours and profession development, we not only serve and care for Hong Kong, but also spread love to every corner around the globe. Besides, while helping others, students will have the chance to prepare themselves for the various challenges that await them in the future. We welcome you at the New Asia Rotaract!

Upcoming programmes:

Mentorship programme, service for new immigrants, international service tours, etc.

Facebook: <https://www.facebook.com/nar.naquarius>
Tel: 6100 7146
Email: nar.trevorchan@gmail.com

The Mansyun Association

Campus YMCA of CUHK is a student organisation under the Chinese YMCA of Hong Kong, recruiting students with passion to serve society together. Our committee is named ‘Enlighten’, which reflects our hope to bring light to the darkness by offering help to underprivileged communities in society, as well as our passion and sincerity as volunteers. Our service area is relatively broad, with targets including children from low-income families, South Asian children and senior citizens. In the coming year, we will organise a service programme for the elderly; through five visiting activities, volunteers and the service recipients will be able to spend time together and get to know each other, bringing love and care to the elderly. At the same time, volunteers will also transform their elderly friends’ unique life stories into written records in the form of autobiographies.

Facebook: <https://www.facebook.com/pages/The-Campus-YMCA-of-CUHK-Page/1563003130584659>
Email: campusycuhk@gmail.com
Tel: 5406 6796 (Louise)

CUHK · Care

We gather and encourage all CUHKers, including teachers, staff, alumni and friends, to contribute their time, profession and power to serve society voluntarily, spreading care and love from the university to all levels of society.

Major activities: programmes mainly cover environmental protection, children, senior citizens, ethnic minorities, health care, etc.

Website: <http://www.cpr.cuhk.edu.hk/tc/cuhkcare.php>
Tel: 3943 8642
Email: cpr@cuhk.edu.hk

Woo Sing Rotaract

Facebook: <https://www.facebook.com/woosingrotatact1516>
Email: wsrotaract1516@gmail.com

Wu Yee Sun Rotaract

Facebook: <https://www.facebook.com/1516sunflare>

Fujia

Fujia is a Hong Kong registered, non-profit public organisation that focuses on left-behind and migrant children in Mainland China. Currently, there are 22 executive committee members from CUHK and HKU. Fu means support and aid; while jia means newborn reed, a metaphor for our service targets – left-behind and migrant children. We have currently begun three public projects, including the Wuhan SEED Project, which targets left-behind children; the Fujia Jiao Project; and the Shenzhen Project, which targets migrant children.

Upcoming programmes:

- February to July 2016: Wuhan SEED Project
- September to November 2015, January to April 2016, and May to June 2016: Shenzhen Project
- All year round: Fujia Jiao Project

Renren page: <http://page.renren.com/601639396>
Facebook: 扶霞 **Weixin:** fujiahk
Weibo: <http://www.weibo.com/u/3179231391>
Email: fujiahk@gmail.com **Tel:** 5607 4448/ 9585 3590

CUHK Shaw Orbis

CUHK Shaw Orbis is under the ORBIS Student Ambassador Campaign, ORBIS Hong Kong. It’s committed to encourage students to organise various types of events to raise public awareness of the visually impaired and to raise funds for ORBIS Hong Kong to help more blind people.

Facebook: CUHK Shaw Orbis

Dandelion Project

The Dandelion Project was formed by a group of students from different local universities in 2013. Through voluntary teaching and visits to families and schools, the Project not only broadens the horizons of village students, but also allows Hong Kong university students to understand China’s rural village culture. In the past, we have been to Guizhou, Guangxi, Yunnan and Gansu to teach voluntarily.

Upcoming programmes:

Winter voluntary teaching tour and summer break voluntary teaching tour.

Website: <http://www.dandelionprojecthk.org/>
Facebook: <https://www.facebook.com/dandelionprojecthk>
Tel: 6503 8809/ 6898 5072

AIESEC

AIESEC is the largest international student association in the world. With a history of over 48 years, it hopes to help youths to develop their leadership potential and leave a positive impact on society by providing them with a variety of opportunities and challenges. Each opportunity and challenge offers them the chance to achieve personal growth and develop their leadership skills, which help them to become more competitive and create more positive impacts on society.

Upcoming programmes:

November 2015: Global Citizen Programme (GCP) Recruitment Talk

November 2015: Global Talent Programme (GTP) Recruitment Talk

Facebook: www.facebook.com/AIESECinCUHK
Email: waiting.ng@aiesec.net
Tel: 9310 6515

Connecting Myanmar

Connecting Myanmar is a cross-university non-profit organisation. Through annual summer service tour and cultural and fund-raising events organised in Hong Kong, it aims to support the Burmese community and nurture students’ sense of ‘world citizen’. Projects on the Thai-Burma Border and in Myanmar include campus repairing, workshops on journalism, law and human rights, English education and art projects.

Upcoming programmes:

Burmese Culture Night, summer service tour, fund-raising events, etc.

Website: www.connectingmyanmar.org
Facebook: <https://www.facebook.com/ConnectingMyanmar>
Email: connectingmyanmar@gmail.com

Professional Application

Artbility

Led by students from the Department of Fine Arts, Artbility is devoted to bringing art into society. Aside from exhibitions, this year, we have organised an art programme entitled ‘I live it all’, which targets the elderly and explores possibilities of bringing art into the lives of the elderly. At the same time, we have brought art into public spaces as a way to connect different members of a community, breaking down the walls between people.

Upcoming programmes:

We will continue the ‘I live it all’, while organising art events related to ethnic minority groups and Indonesian domestic helpers.

Facebook: 我住晒
Email: harrylhoyin@link.cuhk.edu.hk

Motivic

Established at CUHK in 2012, Motivic offers the visually impaired a variety of musical activities by marrying music and social service. The activities include a series of world music workshops, which introduce participants to the musical cultures and local cultural features of different places in the world through multi-sensory experiences. Motivic has also organised two ‘Audio Film Festivals’, as well as different training activities for CUHK students.

Upcoming programmes:

World music workshops, Audio Film Festival, various training activities, etc.

Website: <http://motivic.weebly.com/>
Facebook: <https://www.facebook.com/MOTIVIC2012>
Email: motivic2012@gmail.com (Vincent)

Asian Medical Students’ Association Hong Kong

The Asian Medical Students’ Association Hong Kong (AMSAHK) is a student association formed by medical students from The Chinese University of Hong Kong and the University of Hong Kong, and is a member of the International Federation of Medical Students Associations and the Asian Medical Students’ Association International. We have always focused on facilitating communication between the two medical schools, as well as raising public awareness of personal health and public hygiene issues.

Upcoming programmes:

- ‘Breaking the Silence’ – a service project aimed to raise awareness among medical students of the difficulties faced by the deaf community in terms of healthcare
- ‘MedStart’ – a medical school experience programme that allows secondary school students are keen to apply for medical school
- Health check-up for citizens and public health exhibitions

Website: <http://www.amsahk.org/index.html>
Email: info@amsahk.org

CU Champion

Founded in 2013, CU Champion is an interdisciplinary outreach service team. Over the past two years, the team has conducted outreach service to promote drug safety and healthy lifestyle both on campus and in the community. The team now consists CUHK students and alumni from domains such as medicine, pharmacy, nursing, gerontology, Chinese medicine and social work. Thus far, the team has already served 1,000 CUHK students and staff, as well as 4,700 Hong Kong citizens.

Website: <http://cuchampion.wix.com/cuchampion>
Email: cuchampion@cuhk.edu.hk
Tel: 3943 3798

Chinese Medicine Promotion Society

The Chinese Medicine Promotion Society is committed to promoting authentic Chinese medicine knowledge while eliminating common misunderstandings of Chinese medicine through a range of activities. We organise each event for our members and the public with sincerity in order to promote the profound culture of Chinese medicine and allow more people to be exposed to authentic Chinese medicine knowledge.

Upcoming programmes:

- September 2015 – Orientation Night, and ‘King Jong’ (meeting for potential committee members)
- October 2015 – Acupressure workshop and Chinese herbal foot reflexology workshop
- November 2015 – Herb hike, and medicinal food
- A publication that promotes Chinese medicine – ‘Xing Zhi’

Facebook: <http://www.facebook.com/cucmps4>
Email: cucmps@gmail.com

The Society of Psychology Promotion

By organising exhibitions and workshops on campus, The Society of Psychology Promotion aims to increase students’ interest and understanding of psychology. Every year, the Society co-organises the ‘Intervarsity Psychology Festival’ together with the Psychology Society of The Hong Kong University Students’ Union, Psyfest Organizing Committee of City University of Hong Kong, and the Hong Kong Baptist University Psychology Society. To promote psychology and eliminate misunderstandings of psychology, the Festival offers a variety of interesting and interactive events, such as talks in secondary schools, workshops, escape games and a day camp. The Society has also collaborated with the New Life Psychiatric Rehabilitation Association for two consecutive years to organise communion events that enabled students to understand more about people who have recovered from mental illnesses.

Facebook: <https://www.facebook.com/CUHK.Psynosure>

Initiatives

College Student Unions

Each College's Student Union acts as a bridge between the College, University and students while taking part in policy making at both College and University levels. In addition, College Student Unions are also committed to help students gain a better understanding of society, leading them to actively participate in social affairs.

Please visit each College Student Union's website for more details:

Chung Chi College Student Union
<https://www.facebook.com/ccsu63>

New Asia College Student Union
<https://www.facebook.com/nasu.cuhk>

United College Student Union
<https://www.facebook.com/cuhk.ucsu>

Shaw College Student Union
<https://www.facebook.com/scsu25cabinet>

Lee Woo Sing College Student Union
<https://www.facebook.com/wssu1415>

Wu Yee Sun College Student Union
<https://www.facebook.com/CUHKWYSSU>

S.H.Ho College Student Union
<https://www.shho.cuhk.edu.hk>

Morningside College Student Union
<https://www.facebook.com/MorningsideCollegeSU>

CW Chu College Student Union
<https://www.facebook.com/cwcsu>

CU Campus Radio

Founded on March 27, 1999, the CU Campus Radio began to operate officially on April 1 in the same year. It mainly serves CUHK students, providing them with a diversity of information, including current events, university affairs and campus life. Currently, radio programmes are aired mainly through online media, allowing access at any time.

CU Student Union

The CUHK Student Union is a self-governed student organisation of the CUHK. With the spirit of democratic autonomy, the Union is committed to uniting students; facilitating their moral, intellectual, physical, social and aesthetic development; seeking to promote welfare; connecting students with the University; and serving society. The CUHK Student Union strives to improve student welfare, while representing CUHK students as a committee member at the University's Senate and University Committees, voicing comments that improve the University's policies, which reflects the spirit of democracy on campus. At the same time, the Union is also a social-oriented, politicised body that makes it a political vanguard in Hong Kong's history, as evidenced by 'Chinese as Official Language Movement' back in the past century, and the recent student's strike and the Occupy Central movement.

Website: <http://www.cusu.hk/>
Facebook: <https://www.facebook.com/CUHK.SU>
Email: cusu@cuhk.edu.hk

CU Student Press

CU Student Press is a free, monthly publication produced by CUHK students. Distributed within CUHK's campus, it focuses on reporting and discussing issues related to the campus and society. Over the years, CU Student Press has actively taken part in social movements, and in recent years has paid more attention to the voices of those at grass-roots level, which are often neglected by mainstream media.

Website: <http://cusp.hk/>
Facebook: <https://www.facebook.com/cuspcusp>

China Study Society

Founded in 1975, the China Study Society is a student association that aims to promote a deeper understanding of Chinese and Hong Kong affairs.

Upcoming events:

- Book fair: 7-11/9 at Cultural Square, Benjamin Franklin Centre
- New committee members recruitment: 18/9, 30/9, 9/10, 16/10 at G34, Lady Shaw Building
- As well as reading groups, talks and more. Stay tuned to our Facebook Page for the most updated news.

Facebook: <https://www.facebook.com/cuhkcscs>
Email: chinastudycuhk@gmail.com

Leftist Reloaded

We are a group of CUHK students and alumni who are interested in left-wing ideologies, who gather to analyse Hong Kong's social conflicts from a leftist perspective. We think the leftist's appeals for political equality, economic equality and grass-roots democracy, as well as its critique of the free market and private property rights, can all correspond to Hong Kong's current issues, offering ideological resources that provide possible solutions. Therefore, we've come together to establish this group. Through activities such as discussions, forums and film appreciation, we hope to promote left-wing ideologies and build friendships, while discussing and studying left-wing theories as well as analysing social problems. In the long run, we hope to develop a stable organisation that can get involved with current events and support labour and social movements.

Website: <http://leftistreloaded.blogspot.hk/>
Email: leftbookscan@gmail.com

Sex and Gender Concern Group

Established in 2011, the Sex and Gender Concern Group is committed to discussing various sex and gender issues with CUHK students and staff, while creating an all-gender-friendly campus together. Although Hong Kong is a society that values human rights, there is still a lack of understanding and discussions on issues related to sex and gender and sexual diversity. The law also does not offer enough protection to non-mainstream communities. As civil society members who believe in equality, human rights and diversity, we hope to increase students, teachers, staff and even Hong Kong citizens' understanding of sex and gender issues through different activities. We also work to eliminate discrimination against the LGBT community (including people who identify as homosexuals, bisexuals, transgender, sex workers, etc.), so the participation of each CUHK member is to us extremely essential. Only through our collective efforts can we gradually bring change to the campus and make it an all-gender-friendly place.

Upcoming programmes:

- CUHK students are welcome to join our orientation night on September 16, 2015.
- On November 7, we will organise a 'Safe Sex Promotion Week', book club and recruitment of new committee members. On the same day, we will lead CUHK students to take part in the Hong Kong Pride Parade. Details will be announced on our Facebook, please stay tuned.

Facebook: <https://www.facebook.com/sgcgcuhk>
Email: sgcg.cuhk@gmail.com

Youth Civil Society

The Youth Civil Society is committed to increasing CUHK students' understanding of civil society, promoting civil social education and participating in the development of civil society.

Upcoming programmes:

- Local Agriculture Project (second semester): including voluntary farming, farmers' market and a vegetable cooperative purchasing programme in order to support local agriculture at the practical level.
- November: Multicultural Life Experience Tour – through personal contact with South Asians, understand their living conditions and culture and reflect on how to implement racial inclusion in Hong Kong.
- December: Guangzhou Civil Society Exchange Tour – through visits to NGOs in Guangzhou, learn about the development and difficulties of Guangzhou's civil society.
- January: Cultural Market on the Street – we will set up a small market on campus so that students can learn about street vending culture and policies, and think about the development of the street vendor culture.
- February: Inspection of the city's walkability, allowing students to reflect on city planning and pedestrian needs.

Facebook: <https://www.facebook.com/youthcivilsociety.cuhk>
<https://www.facebook.com/groups/cuhkycs/>
Email: youthcivilsociety.cuhk@gmail.com

U-Rounders-CUHK

U-Rounders-CUHK is devoted to ignite an interest in students to understand the fun of social science and the changes of political situations, bringing academic knowledge into everyday life.

Facebook: <https://www.facebook.com/urounderscuhk>
Email: urounders@cuhk.edu.hk

CUHK Local Society

Founded in 2013, the CUHK Local Society believes Hong Kong's local interests should be made a priority, and that democracy and autonomy should be the city's goal. Aside from monitoring the three committees of the CU Student Union, the Hong Kong Federation of Students and affairs within the university, the Society also concerns itself with local social issues, such as new immigrants, the Individual Visit Scheme, the language policy of using Putonghua as the medium of instruction in teaching Chinese, and local history. The Society will also discuss various issues, such as Hong Kong's future, nation and sovereignty, and the impacts of Chinese politics and economy, from the geopolitical, economic, social and cultural aspects. In addition to connecting with other localist organisations outside the university, the Society is also considering to form a localist cabinet to stand for the Student Union's election, so as to effectively put localist philosophy into practice.

Facebook: <https://www.facebook.com/cuhklocalsociety/>
Email: cuhklocalismsociety@gmail.com
Tel: 6898 3309

CU Grassroot Concern Group

The Grassroot Concern Group is formed by a group of students who are concerned with grass-root and labour issues. The reason why we are concerned is not just out of care or sympathy; we want to change the unfair system. We believe that 'grass roots' are not simply defined by their incomes, but also by the fact that they are made the disadvantaged ones in the power relations. We strongly oppose to explaining poverty and vulnerability with insufficient personal efforts; it is the same as how a lack of conscience in a capitalist employer cannot completely explain why he treats his employees badly. The root of the various problems we face now is at the system. We organise book clubs and visits to communities in order to understand grass roots' social causes and circumstances from both theories and experience. We also publish a newsletter for workers, connecting with workers within the campus and educating them on employees' rights. Furthermore, we have established a cooperative to explore new models of production and consumption, which would better grass roots' conditions. Students are welcome to join the Concern Group or become a co-worker.

Upcoming programmes:

September: Grass Roots Workshop, community visits (outside the campus: guided tour in Sham Shui Po; within the campus: connecting with workers), and film appreciation.

Facebook: <https://www.facebook.com/grassrootconcern>

Green Living

CUAGRO

CUAGRO is devoted to supporting and developing local agriculture through education promotion on campus and experiments, thus providing solutions to issues such as food safety, land-use planning and waste disposal in Hong Kong, while offering a new direction for Hong Kong's sustainable development.

Upcoming programme:

- Community-Supported Agriculture Volunteer Training
- Theme: Understanding local farms' mode of production and sale, community economy and community-supported agriculture, as well as taking part in organising CU farmers' market and a cooperative purchasing programme.
- Date: September 17, 2015 (Other dates are to be confirmed)
- Contents: One in-classroom lesson, two visits to farmers' markets and farms, and one workshop (participants must take part in the 40-hour internship programme after the course)
- Speakers: Ms Yeung Po Hei (promoter of cooperative purchasing) and Mr Yip Tsz Lam (Senior Sustainable Agriculture Officer of Kadoorie Farm and Botanic Garden, Hong Kong)
- Sign up: Please send your profile together with your reasons for taking part in the training (around 100 words) to the email address below.

Facebook: <https://www.facebook.com/CUAgro>
Email: cuhkagro@gmail.com **Tel:** 6970 9539

CU Ling

A Facebook group opened by CUHKers, CU Ling allows students to exchange unwanted items in order to reduce waste.

Facebook: <https://www.facebook.com/groups/culing1/>

CU Green Post

CU Green Post is devoted to spreading environmental righteousness, and encouraging students to discuss and reflect on environmental righteousness with an open and unbiased approach in order to achieve real environmental righteousness education.

Facebook: <https://www.facebook.com/cuhkgreenpost>
Email: cuhkgreenpost2015@gmail.com

CU Green World

By organising different environmental conservation events on campus, CU Green World is committed to bringing green changes to the world as more and more people learn to care about our Earth and make changes to their lifestyles toward a more environmentally friendly approach.

Websites: <http://www.cuhk.edu.hk/student/greenworld/>
<http://greenintime.mysinablog.com/>
Facebook: <https://www.facebook.com/cuhkgreenworld>
Email: cugreenworld@gmail.com

CU X RUBBISH

CU X RUBBISH was created to promote waste-less living on campus through a range of promotions and activities. 'CU X RUBBISH' means reducing CU's waste by eliminating unnecessary consumption and unnecessary waste and pursuing environmental conservation principles in daily life. In the past, we had organised multiple recycling programmes after students had checked out from their hostels, before distributing the recycled items to new boarders as a way to encourage students to make good use of CU's community resources. At the moment, we are in dire need of new members to continue promoting waste-less living in CUHK.

Programmes in September: While new boarders are checking in to their hostels, we will distribute items collected from last year, including cleaning supplies, racks, kitchen utensils and more. We will also visit CU's dumpsters.

Facebook: <https://www.facebook.com/CUxRUBBISH>

CU Green Buddies Programme

Bringing sustainability down to the personal level, the CU Green Buddies Programme encourages students and staff to practice environmental conservation principles in their everyday life. CU students, teachers and staff can register to become a 'CU Green Buddy' by promising to do the following six simple green acts in their daily life:

1. When leaving a room, turn off electronics that are not in use (lights, computers, air conditioners, etc.)
2. Choose to take the stairs if you need to go up one floor or down two floors.
3. Try to avoid wasting food (for example, request to have less rice).
4. Try to avoid using disposable containers and utensils (for example, bring your own water bottle when attending an event and bring your own lunchbox when buying takeaways).
5. Choose to walk instead of driving or taking the school bus if you are not going to somewhere far.
6. Practice the principles of '3R' (reduce, reuse and recycle).

As a 'CU Green Buddy', you can:

- Support the culture of environmental conservation, develop green habits and build a sustainable future!
- Receive information and tips related to the green life on campus!
- Participate in workshops and other activities through CU Green Buddies Programme's platform.

Encourage your friends to take part and bring upon even bigger changes!

Website: <http://www.cuhk.edu.hk/cpso/go!cu-green-buddies-chi.html>
Registration page: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=47140>

Social Enterprises and Cooperatives

Timing Bookstore

Rather than saying Time Bookstore is a second-hand bookstore, we think it might be more fitting to call it a big family of CUHK students who love books. We believe in the power of books and hope that more people can understand what a beautiful experience reading is.

Upcoming programmes:

Timing Bookstore will organise concerts that are linked to books, invite guests to share their insights and ideas, as well as organise community services that promote reading. We will also collaborate with independent bookstores, different CU organisations, stuents and staff, as well as other communities in society. We hope to explore new possibilities during these activities and widen the way we imagine a bookstore can be. We welcome you to join us as well as different forms of collaboration.

Facebook: www.facebook.com/timingbookstore
Email: info@timingbookstore.hk
Tel: 5218 8044

Café 330

Located in Chung Chi's Yasumoto International Academic Park, Café 330 is a social enterprise founded by the New Life Psychiatric Rehabilitation Association, where some of the staff are ex-mentally ill persons. The cafe's concept is to promote physical, mental and spiritual health, while helping ex-mentally ill people to rebuild their lives. Advocating the low-carb diet, its menu mostly features organic and healthy food. Here, only environmentally friendly utensils are used, while fairtrade products are sold to promote fair trade.

Women Cooperative Store

Situated poolside at the Benjamin Franklin Centre, the Women Cooperative Store was founded in 2001 by the Hong Kong Women Workers' Association to help a group of jobless women. Rather than the traditional business model where the employer manages the company from top to bottom, the Store has adopted the mode of a cooperative, managed collectively by the women workers. From work allocation, salary, working hours and workload to the kind of services they provide, they discuss and decide everything together – each person is at the same time an employee and a boss, with equal rights and duties, which would not differ according to how much one has invested. To improve the conditions of the underprivileged, they have decided to collect part of each month's profits to create a fund to support other cooperatives. Various products made my underprivileged communities (such as remanufactured soaps) are also sold at the Store in order to support grass-root movements.

For any updates, please feel free to contact us at 3943 7980.



Things I promise myself to do before graduation:

- ☐ Register to be a voter, and remember to vote!
- ☐ Date for the first time
- ☐ Been to the 39 districts
- ☐ Walk to the Infinity Pool from the train station without taking any lifts
- ☐ Attend a talk on philosophy, and ask an impractical question
- ☐ Bring my own bottle and avoid buying bottled drinks
- ☐ When checking out of the hostel, don't throw away any furniture or electronics so I can give them to those who need them
- ☐ Be a green leader at the Orientation Camp and not waste anything
- ☐ When taking the school bus, try to go in as much as possible so other students can also get on the bus. Say thanks to the driver when getting off.
- ☐ Greet the workers
- ☐ Eat one vegetarian meal each week
- ☐ Read one book that is unrelated to your field of studies each month
- ☐ Be a constant volunteer in the community until the residents remember your name
- ☐ Take part in at least one I-CARE event!



About us – Social and Civic Engagement Section, Office of Student Affairs

Among the various civic engagement activities introduced by this booklet, many are the products of the voluntary efforts by generations of CUHK students, who not only created the projects on their own, but have been developing them to the scale they are today. Whether you wish to further understand these opportunities to participate in society, or even start new activities yourself, we welcome you to our office for a chat, and turn your ideas into actions!

Our Work

Providing information on social and civic engagement

Our section collects various kinds of information on social and civic engagement, keeping students updated with the latest news from outside the campus. We also act as a bridge, connecting students with community partners to kick-start community service projects.

Facilitating students in organising social and civic engagement activities

Our section provides consultation service, training and workshops, and activities fund, supporting students to take up self-initiated community service projects, and allowing them to utilise their creativity and professional knowledge to serve society.

Planning and organising social and civic engagement activities

Through the I-CARE Programme, our section organises a spectrum of activities, including talks, service programmes, research and investigation, non-profit internships and local poverty alleviation projects, not only offering students more opportunities to participate in society, but also broadening students' perspective on social and civic engagement activities.

Promoting various social and civic engagement activities within CUHK

To further promote the role the university plays in civil society participation, our section supports various social and civic engagement activities, strengthening the connection between the university and community.

Office Location

Our office is located in room 504 of Wong Foo Yuan Building. Aside from inquiring us on details of activities, you will find here a shared study area, equipped with a sofa, bean bags, desks, and books about civil society and different kinds of booklets. You are welcome to come here with your friends to hang out, read, or chat.

Opening hours of the shared study space | Mon to Sat: 8:30am – 9:15pm
Sun: Closed

Website | <http://www.cuhk.edu.hk/icare>
Tel | 3943 7980
Email | icare@cuhk.edu.hk

Facebook Pages

I-CARE Programme

<https://www.facebook.com/icareprogramme>

Latest news on community studies, social service, University Lecture on Civility, internship programmes etc.

University Lecture on Civility

<https://www.facebook.com/cuhkcivility>

Latest news on activities of University Lecture on Civility. Here you will find information on everything from how to sign up to the most updated arrangements on the event day – stay tuned if you're a fan of the lectures on civility!

I-CARE NGO Internship Programme

<https://www.facebook.com/iCareIntern>

Information on I-CARE's internship programme and civil society workshops, as well as events of social innovation and social and civic engagement is shared here.

CUHK I-CARE U Serve

<https://www.facebook.com/groups/icareuserve/>

You will find here information on various local and overseas community service activities. Students or student associations are also allowed to publish news related to community service.

(The Facebook Group only accepts students of CUHK to join. Please leave some hints on your Facebook profile so that our group administrator can easily identify you as a CUHKer.)



I · CARE Programme



香港中文大學
The Chinese University of Hong Kong

Social and Civic Engagement Section,
Office of Student Affairs

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